



November 2021

Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Stuffed Bagel Or Muffin With milk and juice	2 NO SCHOOL	3 Stuffed Bagel or Muffin With milk and fruit	4 Stuffed Bagel Or Muffin With milk and fruit	5 Stuffed Bagel or Muffin With milk and juice	<p>Reimbursable Breakfast Meal:</p> <p>Student must take a fruit OR juice, AND two other items</p> <p>Breakfast is FREE for all students!!</p> <p>Menus are subject to change without notice.</p>
8 Confetti Pancake Or Muffin With milk and juice	9 Confetti Pancake Or Muffin With milk and juice	10 Confetti Pancake Or Muffin With milk and juice	11 NO SCHOOL	12 Confetti Pancake Or Muffin With milk and juice	
15 French Toast Sticks Or Muffin With milk and juice	16 French Toast Sticks Or Muffin With milk and juice	17 French Toast Sticks Or Muffin With milk and juice	18 French Toast Sticks Or Muffin With milk and juice	19 French Toast Sticks or Muffin With milk and juice	
22 Mini Waffle Or Muffin With milk and juice	23 Mini Waffle Or Muffin With milk and juice	24 NO SCHOOL	25 NO SCHOOL	26 NO SCHOOL	
29 Stuffed Bagel Or Muffin With milk and juice	30 Stuffed Bagel Or Muffin With milk and juice				

Breakfast available daily for all students

All bread components are Whole Grain rich

Milk is 1%





November 2021

Middle School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Cheese Quesadilla Turkey Chef Salad	2 NO SCHOOL	3 Corn Dog Turkey Chef Salad	4 Chicken & Waffle Sandwich Turkey Chef Salad	5 Buffalo Chicken Panini Turkey Chef Salad	Special News... Students will have a choice of: ~Daily rotating Home Entrée choice ~Weekly rotating Salad choice ~Daily Grill Line choices ~Daily Pizza Line choices ~Daily Deli Line Choices Reimbursable Lunch Meal: Student must take a fruit OR vegetable, AND two other items Lunch is FREE for all students!! <small>Menus are subject to change without notice.</small>
8 Grilled Ham & Cheese Chicken Caesar Salad	9 Meatball Parm Chicken Caesar Salad	10 Bacon Mac & Cheese Chicken Caesar Salad	11 NO SCHOOL	12 French Toast Sticks w/ Sausage Chicken Caesar Salad	
15 Chicken Caesar Wrap Ham Chef Salad	16 Meat Lovers Pizza Ham Chef Salad	17 Max Sticks Ham Chef Salad	18 Thanksgiving Feast Ham Chef Salad	19 Italian Hoagie Ham Chef Salad	
22 Buffalo Chicken Pizza Garden Salad	23 Chicken Alfredo Garden Salad	24 NO SCHOOL	25 NO SCHOOL 	26 NO SCHOOL	
29 Cowboy Burger Turkey Chef Salad	30 Orange Chicken & Rice Turkey Chef Salad		Thanksgiving Feast includes Roast Turkey Gravy Mashed Potatoes Stuffing Green Beans Cranberry Sauce	Vegetables: M – Baby Carrot T – Mixed Vegetables W – Baked Beans Th – Baby Carrots F – Grape Tomatoes	

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Milk is skim chocolate

